



Bradfordville Public School

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Life Education: Healthy Harold School Visit Week 3 Term 2 Wednesday 15th May – Tuesday 21st May 2024

Dear Bradfordville families,

The Life Education Program partners with schools to deliver interactive and fun educational lessons that empower children and young people to make safer, healthier and happier choices.

This year all K-6 classes will visit the Healthy Harold van at school. Concepts explored during visits link strongly with our Braddy Promoting Success Framework and school wellbeing programs. Modules taught to students over term 2 will include the following development of skills:

- Kindy – Students learn about choices and behaviours that promote health, safety and wellbeing as they are growing and changing.
- Stage 1 Classes – Students learn to identify body clues and manage emotions that arise in new or challenging situations They also investigate the importance of physical activity and health choices.
- Stage 2 Classes – Students learn about the benefits of healthy food for health and energy as well as functions of body systems, nutrition and exercise.
- Stage 3 Classes – Students investigate the issues around vaping and smoking and learn strategies and responses that model assertiveness and resilience in challenging situations.

The cost for students to participate in this valuable experience is \$12.

If you would like your child to participate, please ensure you give consent online or return the permission note below. Full payment must be made by Friday 3rd May 2024.



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I give permission for my child _____ of class _____
to attend the Healthy Harold Life Education Program during Week 3 and 4 of Term 2 at Bradfordville
Public School.

PAYMENT DETAILS: Online using the School Bytes App

On-line using the School Bytes Parent Portal App. Access to the School Bytes App is through our
school website page or via <https://portal.schoolbytes.education/auth/login>

Please tick:

· I have paid \$ _____ online.

Parent Name: _____

Signature: _____

PLEASE RETURN PERMISSION NOTE AND MONEY TO THE OFFICE BY FRIDAY 3RD MAY 2024

Braddy Promoting Success: Respect; Responsibility; Excellence!